

ABSTRACT

A new method is described of providing mental stimulus to a subject suffering significant cognitive and/or sensory impairment or deterioration, for example a subject having a medically diagnosed dementia such as Alzheimer's disease, and thereby
5 enhancing the subject's psychological condition. The method of the invention comprises causing the subject to handle an article comprising a plurality of pieces that (a) individually have a surface layer formed of a soft fabric, and (b) collectively exhibit differing tactility when handled by the subject.